

Ways to Simplify your life in 2018 *continued*

This year, make it your goal to scale back. Replace your hectic agenda and worries with simplicity. But how do you even begin?

5. Prioritize relationships. If nights out with acquaintances are too much work with too little gain, think again before saying yes. But, hold on to your Christian community—they're there to help lift you up. We are reminded of this at Proverbs 27:17, *"As iron sharpens iron, so one person sharpens another."* Prioritize those mutually beneficial relationships with those who encourage you in His service, and watch how you all flourish.



6. Find spaces of alone-time to give to God. Rather than complaining about how stressful your life is, give it to Him. Spend your commute talking to Him rather than listening to the radio. Take refuge in daily prayer. Where do you place the most value? Do you know your limit? God does. Have you asked Him about it lately?

7. Find peace in your routine. Relax with a cup of tea and a conversation with family. Curl up with a blanket and your favourite devotional to end the day on a positive note. Put yourself, your family, your relationships, and God first. Allow yourself to find peace in your routine. When you do that, everything else will fall into place as He has planned.



For where your treasure is, there your heart will be also. (Matthew 6:21)

How can we do this?

- **Slow down.** Reschedule a meeting, take your time with a project, take a nap. Or, say no. Don't allow the hassles of everyday life to get in the way of living how He intends. Ask for God's guidance when you're considering taking on a new project or if you need direction.
- **Unplug.** Turn off the TV, put down your phone, and take a moment without the busyness of notifications, news announcements, and life in general. Find the simple, easy feeling of quiet. Many of us remember a time before social media and cell phones. And, guess what—we survived it.
- **Reconnect.** Take your newfound quiet and reconnect with yourself, your family—and most importantly—with Him. Nothing should get in the way of prayer or time spent in His Word. Stop trying to be perfect. Just be you, because He takes us as we are—flaws and all.



www.dayspring.com

AUCKLAND CHINESE PRESBYTERIAN CHURCH

105 Vincent Street, Auckland City
14th January 2018

praying for others

- **Rev Tang & Rev Vogel as they minister at ACPC** – for wisdom & God's guidance in leading our ministries.
- **ACPC congregations** – that we be intentional in 2018 about nurturing and maturing our personal relationship with Jesus.
- **For our neighbours in the city** – that we take the opportunities to show Your kindness, love, mercy, grace and hope to our neighbourhood, especially those without homes.
- **For those who are unwell** – We pray for their comfort and healing, may their health and energy be restored, and may You support those that care for them.
- **That in the coming year** – we pray that we can make You our number one priority in all we do.



We Are All One In Christ

Galatians 3:26-4:7

Rob O'Callahan

*A very warm welcome to everyone,
especially visitors,
to the service today!
Please join us for morning tea
afterwards.*

contact us:

rev stuart vogel

Email: stuartvogel8@gmail.com

Cell Phone: 027 915 9805

Home: 620 5595



Serving @ acpc

Service Leader
 Music Leader
 Bible Reader
 Ushers
 Techno
 Cup of Tea & Dishes

This week

Jean Wong
 Peter Ting
 Nathan Chan
 Eva Yeung, Soo Land Wong
 Rob Wong, Rob Fong
 Francis Yu, Ken Meng Chan,
 Cindy Lowe

Next week

Marty Bing
 Darren Koo
 Samuel Ho
 Brendon & Lidia Fraser
 Rob Wong, Rob Fong
 Linlee Chan, Yanna Ho,
 Jean Wong



Reaching out each week @ acpc

Tea and Talk has started for 2018 - games, tea and English conversation: every Thursday at church from 10.30am-12pm

Keep Morphing

'Their weakness was turned to strength. They became strong in battle.' Hebrews 11:34
 The word 'metamorphosis' means to be changed from one form into another. In Hebrews chapter 11, we find famous people such as Moses and David. Did they have weaknesses? Yes. Did they sometimes struggle? Absolutely.

But: *'Their weakness was turned to strength. They became strong in battle'* (Hebrews 11:34). Picture a caterpillar morphing into a butterfly. It starts out slow and slimy, and takes hours to crawl a metre or so. When it undergoes the process of metamorphosis, however, it becomes a beautiful butterfly that can fly long distances by simply riding the air currents. The butterfly's wings developed as a result of struggling in the cocoon until it broke free. No fight, no flight! Getting the idea? Are you struggling with something today? Are you in a spiritual battle? It's your struggles that develop your strength, and your battles that bring your victories.



Satan doesn't want you to know that. He hopes the battle you are in will destroy you instead of develop you, so he keeps pouring on the pressure. When Paul's life became so hard that he thought he couldn't stand another day of it, God told him, *'My grace is all you need. My power works best in weakness'* (2 Corinthians 12:9). How did Paul respond? He writes: *'Now I am glad to boast about my weaknesses, so that the power of Christ can work through me... For when I am weak, then I am strong'* (2 Corinthians 12:9-10).

The Word For Today

Our Special Guests Today...

Today we welcome two very special guests at worship, the Rev Lim Choonshik and his wife Yen Hee. Rev Lim holds the position of Regional Liaison for East Asia in World Mission of the Presbyterian Church (USA).



Save the Date – Sunday 28th January

Our ACPC barbeque starts the year at One Tree Hill (Cornwall Park) on the Sunday of Auckland Anniversary Weekend! More details closer to the time for a night of fun, food and fellowship.

Sermon Notes



The *Young Adults Home Group* has been the first to meet in 2018, every Wednesday at 6.30pm with Rob O'Callahan. The details for other home groups so far are as follows:

- *Greenlane* – every other Thursday at 8pm with George Lowe starting on Thursday 1st February;
- *Ladies* – every other Wednesday at 10.30am with Glenda Choy starting on Wednesday 31st January;
- *Professionals* – every Tuesday at 7.30pm with Robert Fong starting on Tuesday 13th February; and
- *Remuera* – every 2nd and 4th Saturday at 10am with Ken Cheung starting on Saturday 10th February.

